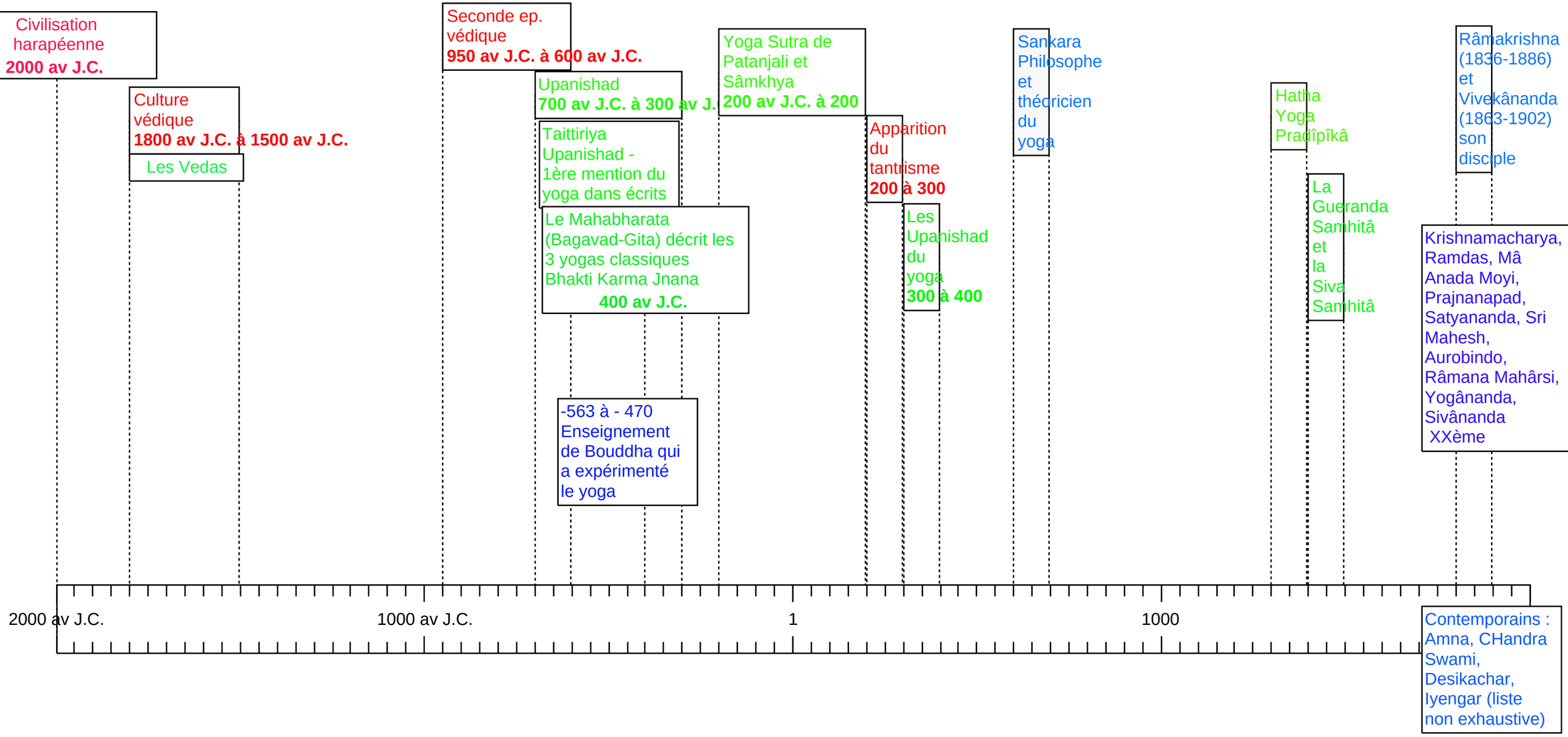

CHRONOLOGIE DE L'HISTOIRE DU YOGA

LEGENDE :

EPOQUES

PERSONNALITES/THEORICIENS

ECRITS